



RUN!

For Your Whole Life...

THURSDAY, August 3 @ 6:30 pm

SPORT Clinic Physical Therapy in Bayside!

SPORT Clinic owner and physical therapist John Hendrickson will discuss and analyze proper gait and running form.

Whether you're a sprinter, training for a marathon, or a lifetime of running for fitness, learn how to adjust the way you run for longevity and wellness!!!



Bayside • Cedarburg
414.351.5794 • sportclinicpt.com



AND INTRODUCING **AlterG Anti-Gravity Treadmill®** Now at **SPORT Clinic**

RECOVER ASAPP.

(As Soon As Physically Possible)

**See how the Anti-Gravity Treadmill®
gets people back on their feet in no time.**

Clinic Owner John Hendrickson will discuss the benefits for orthopedic, wellness, and weight loss for runners and patients. Walk or run with no pain while maintaining a normal gait, and stay in shape or push your training sessions further and longer with less risk!