



# RUN!

## For Your Whole Life...

**THURSDAY, August 3 @ 6:30 pm**

SPORT Clinic Physical Therapy in Bayside!

**SPORT Clinic owner and physical therapist John Hendrickson will discuss and analyze proper gait and running form.**

*Whether you're a sprinter, training for a marathon, or a lifetime of running for fitness, learn how to adjust the way you run for longevity and wellness!!!*

**SPORT** CLINIC  
*move forward*

Bayside • Cedarburg  
414.351.5794 • [sportclinicpt.com](http://sportclinicpt.com)



## AND INTRODUCING **AlterG Anti-Gravity Treadmill®** Now at **SPORT Clinic**

**RECOVER ASAPP.**

**(As Soon As Physically Possible)**

**See how the Anti-Gravity Treadmill®  
gets people back on their feet in no time.**

Clinic Owner John Hendrickson will discuss the benefits for orthopedic, wellness, and weight loss for runners and patients. Walk or run with no pain while maintaining a normal gait, and stay in shape or push your training sessions further and longer with less risk!